



Race for HOPE
5k Run/ 10k Run & 10k Relay/ 1 Mile Family Fun Walk
 to support the American Cancer Society Relay For Life
August 22, 2009 at 8:00am
Phillips to the Falls

Race Day Registration – 7:00-7:30am at Phillips to the Falls. No t-shirt guaranteed for day-of registration.

Fees – Runners and Walkers: \$20 before August 10, \$25 until August 21, \$30 race day.

Two person 10k Relay: \$35 before August 10, \$40 until August 21, \$45 race day.

Family Walk: \$50 per family of 4; \$10 for each additional t-shirt.

T-shirt sizes guaranteed for registrations received before August 10.

Checks payable to: American Cancer Society

For more information or questions, please email acs.relayforlife@yahoo.com.

Fill out the entry form below and mail to:

American Cancer Society

Attn: Race for HOPE

4904 S Technopolis Dr

Sioux Falls SD 57106

Race for HOPE 5K Run/ 10k Run and 10k Relay/ 1 Mile Family Fun Walk

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip: _____

Event: 5K Run 10k Run 10k Relay 1 Mile Walk

Family registration (for walk): 1. _____ t-shirt size: _____

2. _____ t-shirt size: _____

3. _____ t-shirt size: _____

10k Relay Partner: _____ (please submit a form for each team member)

10k Relay Team Name: _____

T-shirt Size: S M L XL XXL

Gender: M F

Age Group: <14 15-20 21-30 31-40 41-50 50 & over

Waiver: In consideration of my signing this agreement, I hereby for myself, my heirs, and administrators assume any and all risks which might be associated with the 5K Run/ 10k Run/ 10k Relay/ 1 Mile Family Fun Walk. I waive any and all rights and claims for injuries or damages I may have against the event organizers and sponsors while participating in said event.

Signature _____ Date _____

Parent's Signature (if under 18) _____ Date _____