

Friends of Pipestone National Monument present:

# MILES FOR THE MONUMENT

9:00am, September 25<sup>th</sup>, 2010

## 5K & 10K runs

With views of significant quartzite outcrops and carefully restored prairie

## 1 mile walk

Guided by park rangers along the Monument's historic interpretative trail.

**Cash prizes** to the male and female winners of the 5k and 10k races!

**Entry fee:**

Run: \$20 by September 19th / \$25 after July 19th  
Walk: \$15/walk \$20 after July 19th  
*Under 12 free for both events*

**Registration:**

Online: [www.AllSportCentral.com](http://www.AllSportCentral.com)



By mail: PO Box 184  
Pipestone, MN 56164

In person: Pipestone Recreation Center

Day of the Event: Hiawatha Pageant Grounds

**Course:**

All courses start and finish at the Hiawatha Pageant Grounds

**Awards:**

- \$100 each to the first male and female finishers of the 5k and 10K run.
- Medals to top finishers in age groups (M/F <13, 13-16, 17-19, 20-29, 30-39, 40-49, 50-59, >60)
- All paid participants receive a t-shirt and goodie bag with gifts and coupons from race sponsors

### MILES FOR THE MONUMENT REGISTRATION FORM

Name:		
Address:		
City:	State:	Zip:
Phone:	Email:	
Adult T-shirt size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL	Youth T-shirt size: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L	
Entry fee: <input type="checkbox"/> \$15 (Walk before September 19th) <input type="checkbox"/> \$20 (5km before September 19th) <input type="checkbox"/> \$20 (10km after September 19th)	<input type="checkbox"/> \$20 (Walk after September 19th) <input type="checkbox"/> \$25 (5km after September 19th) <input type="checkbox"/> \$25 (10km after September 19th)	
<b>Race release:</b> I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Friends of the Pipestone National Monument, or their respective agents, volunteers, or sponsors and any facility used for this race for any and all injuries which may be suffered by me in conjunction with my participation in this race.		
Signature (Parent/guardian if under 18):		Date:

Please mail registration forms to: Friends of Pipestone National Monument, PO Box 184, Pipestone, MN 56164  
Or register online at: [www.AllSportCentral.com](http://www.AllSportCentral.com)

For more information: call Sharon Hanson 507-215-0850