



SFARC Kids Cross Country Series

Watch for updates at

www.siouxfallsarearunningclub.org

If you have questions email sfarc@hotmail.com

FREE - NO ENTRY FEE!

The Sioux Falls Area Running Club is hosting three kids cross country meets this fall. The three-race cross country series is for children in kindergarten through 6th grade. All meets will take place at Morningside Park, 33rd and Bahnson Ave. in Sioux Falls, next to Harvey Dunn Elementary School.

- Kindergarten & 1st grade: 1/4 mile
- 2nd & 3rd grade: 1/2 mile,
- 4th 5th & 6th grade: 1 mile.



The meets are sponsored by Sanford Health

Races start Wednesday, September 15th at 4:30pm. The following two races will be Sept. 22 and Sept. 29– all Wednesday dates, all at 4:30.

Assumption of the Risk and Waiver Statement

Please bring this waiver with you the first time you run:

Runner's Name: _____

Parent/Guardian Name: _____

Address: _____

Phone: _____ Email: _____ I

In consideration for the acceptance of my child's registration as a participant in the above entitled event, and with the understanding that their participation in this event is only on condition that I enter into this agreement, for them, for myself, our heirs and assignees, I hereby assume the inherent and extraordinary risks involved in the **SFARC Kids Cross Country Series** and any risks inherent in any other activities connected with this event in which we may voluntarily participate. I expressly assume the risk of and accept full responsibility for any and all injuries, including death and accidents which may occur as a result of my participation in this event and release from liability, Sioux Falls Area Running Club, Sanford Health, Sioux Falls Parks and Recreation and each of their officers, director and agents, representatives, employees and members.

The parent or legal guardian who signs the waiver agreement on behalf of a minor hereby acknowledges that he or she has the legal capacity and authority to act on behalf of said person to legally bind said person to the waiver agreement. The parent or legal guardian who signs the waiver agreement agrees to indemnify and hold harmless the released parties for any expenses incurred, claims made, or liabilities assessed against them, as a result of any insufficiency of legal capacity or authority to act on behalf of said person in the execution of the waiver agreement.

Parent/Guardian Signature: _____