

# Run for Food!

**November 26th, 2009**

**8:00am**

**The Banquet - Sioux Falls, SD**

**8th Street & Indiana**

**1 mile, 3.1 mile or 6.2 mile**

**NO FRILLS**

- No Registration
- No T-shirt
- No Refreshments
- More info @ [www.siouxfallsarearunningclub.org](http://www.siouxfallsarearunningclub.org)

**Get together and run with others to support the Banquet ministry. Walkers are welcome!**

**Suggested \$10.00 donation to the Banquet OR support Show our Guests with Care with ready-to-purchase personal care items from Lewis Drug.**

**For those who cannot attend you can still contribute @**

**<http://thebanquetsf.org/contribution/index.htm>**

